

**ENERGY
CLINIC**
RELAXING
IN LUXURY



BALANCE

AND

MINDFULNESS

It's what our lives are lacking in these times as the relentless, supercharged pace of modern life invades and fragments even our leisure time. And it's not just the tempo; life today requires attention and focus at all times, making our minds jump from one complex challenge to a completely different one in a matter of minutes, slowly but steadily depleting our energy levels until harmony is lost and until our inner selves are no longer aligned with our bodies. Restoration of that mindfulness, balance and alignment through a unique, holistic and fundamentally natural approach is exactly what we do here at ENERGY CLINIC.

MENEGHETTI WINE HOTEL & WINERY
Stancija Meneghetti 1, 52211 Bale
+385 52 528 800
meneghetti@energyclinic.com
www.energyclinic.com

Gift vouchers available for purchase at ENERGY CLINIC reception desk.
Book of complaints can be found at the front desk.
All prices including VAT.
Prices in Euros are informative and depend on the daily exchange rate.

ENERGY CLINIC PRODUCTS

Energy Clinic products are produced from premium quality ingredients of organic or natural origin and plant extracts known for their exceptional therapeutic qualities. All products are manufactured in Croatia, in cooperation with the most renowned experts in the field of pharmaceutics. The guiding principle in designing the product was to offer customers products with highest quality ingredients that help maintain the natural skin elasticity and restore energy balance.

Please consult Energy Clinic beautician in order to find proper treatment for your age and skin type.

FACIAL TREATMENTS

Anti-Fatigue Espresso

40 min / 430 KN / 57 EUR

Perfect facial treatment for tired, grey and uneven skin with large pores. This specially designed products will help to tighten and regenerate tired skin, thus providing it a new radiant glow.

Signature Hydrating

60 min / 760 KN / 101 EUR

► POPULAR

Facial treatment specially designed for deep hydration of all skin types. EC experts developed the perfect formula for preventing dehydration and restoring the original healthy condition of the skin.

Anti-Age Strategy

75 min / 960 KN / 126 EUR

Anti-age Strategy uses EC hyaluronan products and massage technique designed to slow down the ageing process, to refresh the skin and to reduce wrinkles. In combination with anti-age face mask, your skin will be completely renewed.

Hydra-Man

60 min / 760 KN / 101 EUR

Facial treatment specifically designed for male skin, refines the complexion and nourishes the skin while at the same fighting against the signs of ageing.

Oxygen Hydrating and Energizing

75 min / 1410 KN / 188 EUR

► NEW

An oxygen enhanced facial treatment for dry, stressed or mature skin. High concentrations of vitamin C repair damaged skin, restore elasticity, and strengthen cellular structure with the aid of pure oxygen injected deep into your skin layers.

ADD ON

Eyebrows Shaping

15 min / 195 KN / 26 EUR

BODY CARE

Energy Clinic Body Scrub

30 min / 355 KN / 47 EUR

A refreshing aromatic body scrub making the skin velvety smooth and soft due to the balanced combination of medicinal sea salt and aromatic oils nourishing the skin. This is an ideal treatment for an instantaneous renewal of energy and freshness.

Islands in The Stream

75 min / 960 KN / 128 EUR

► POPULAR

This package was specially created by Energy Clinic team of experts in order to help you achieve deep relaxation and regeneration of both body and mind. The treatment starts with a vigorous aromatic scrub followed by a 45-minute soothing massage with lavender oil, and ends with alternating hot and cold compresses stimulating circulation and energy flow through the meridians of your entire body, relieving you of accumulated stress.

Energy Clinic Fit Figure

60 min / 930 KN / 124 EUR

► NEW

The fantastic new detox & slim ritual starts with a quick and energetic body brushing stimulating the circulation. It is followed by the application of a special serum with warming effect, penetrating in the deeper layers of epidermis. The treatment ends with a connective tissue massage which restores the skin's glow.

MASSAGES

Fine Spine (back and neck massage)

25 min / 465 KN / 62 EUR

A combination of techniques is used to ease and soothe muscle tension in your back, neck and shoulders.

Relaxing Foot Massage

25 min / 390 KN / 51 EUR

Natural healing massage stimulating the reflex points of your feet, improving circulation and stimulating the body to restore its natural balance. It is ideal for healing stress-related discomforts such as headaches, insomnia, fatigue and similar discomforts.

Face & Scalp Aromatic Massage

25 min / 465 KN / 62 EUR

Indulge yourself with this exceptionally soothing massage that stimulates lymphatic drainage, opens pores and enables the skin to breathe, while mild stimulation of acupressure points releases tension in the head, neck and shoulders.

Anti-Stress Back and Leg Therapy

45 min / 630 KN / 84 EUR

► POPULAR

Relaxing treatment that includes a legs and back massage stimulating circulation and lymph flow. The treatment ends with alternating warm and cold compresses.

Anti-stress Massage for Pregnant Women

45 min / 735 KN / 98 EUR

Massage ideal for the special needs of pregnant women. The therapy massage improves the muscle function, circulation and the tonus of the skin.

Cellulite Free Girl

45 min / 735 KN / 98 EUR

Intensive, toxin-releasing treatment that speeds up the releasing processes and mobilizes the accumulated fat cells in all critical zones. It rebalances the water in the body and stimulates microcirculation. Skin tonus, smoothness and healthy glow are restored.

Energy Clinic Classical Massage

50 min / 705 KN / 94 EUR

Massage stimulating the body, the vascular system and the lymphatic system by combining five main movements directed towards the heart. It is an ideal massage for improving circulation, eliminating toxins, releasing tension and for deep relaxation.

Sports Massage

50 min / 745 KN / 99 EUR

Recover fast after a strenuous workout or sports activities and help your body to eliminate metabolites, toxins and lactic acid. This intensive massage will restore the natural balance of the body.

Relaxing Warm Oil Massage

50 min / 745 KN / 99 EUR

Massage with warm aromatic oils maintaining a fine, for the skin exceptionally comfortable, temperature during the entire treatment. The oils which are used are calming and cleansing at the same time, thereby providing deep relaxation.

Energy Clinic Massage with Herbal Pads (Pinda)

50 min / 840 KN / 112 EUR

80 min / 1110 KN / 148 EUR

► NEW

Relaxing massage performed with warm, herbal pads (Pinda) and herbal oils. It is very relaxing and pleasant treatment providing deep relaxation and restoration of energy balance. If you decide for an 80-minute treatment, you will additionally enjoy an acupressure facial massage with essential oils selected according to your needs.

Meneghetti Bio Massage

70 min / 985 KN / 131 EUR

Relaxing aromatic biomassage for body and feet which relaxes the entire body and reduces stress. The treatment is performed with heated 100% organic Meneghetti olive oil with extract of bio lemon, which will additionally detox your body.

Energy Clinic Signature Massage

80 min / 1030 KN / 137 EUR

► POPULAR

This is the most popular form of massage for deep relaxation and with a balancing effect on the body. The treatment tones the body and has a beneficial effect on ligaments and sinews as well as blood circulation, lymph flow, and nerve tracts. After the full-body massage, you will feel supple and full of energy.

BASIC TREATMENTS

Hands

Sports Manicure

50 min / 315 KN / 42 EUR

Fast cleaning, shaping and repairing of the nails, that will allow a healthy grow. If required, a natural protective coat or one color nailpolish is applied on the nails.

Energy Clinic Hand Spa Treatment

75 min / 570 KN / 76 EUR

► POPULAR

A luxury hand treatment which includes a refreshing hand scrub for soft and smooth skin, manicure, nourishing mask with aromatic oils and a relaxing hand massage. If required, a natural protective coat or one color nail polish is applied on the nails.

Feet

Sports Pedicure

60 min / 345 KN / 46 EUR

Beautifying of toenails and feet, completed by gentle application of energizing and refreshing foot balsam. A natural protective coat or one color nailpolish is applied on the nails.

Energy Clinic Foot Spa Treatment

► 90 min / 720 KN / 96 EUR

POPULAR

Specially designed luxury pedicure with special essential oils, completed with foot scrub and foot mask with medicinal herbs, foot massage, beautifying of toes and, if required, nail polishing.

WAXING

Waxing of various body parts according to your need starts at **202 KN / 27 EUR – 345 KN / 46 EUR**

BODY WORK

Five Tibetan Rites

25 min / 360 KN / 48 EUR

► POPULAR

The individual lesson of Five Tibetan Rites is a form of simple stretches that stimulate the glands of the body to increase vitality and stamina.

Stretching with Yoga elements

45 min / 435 KN / 58 EUR

Additional person 165 KN / 22 EUR

This stretching exercise will help you achieve a feeling of improved muscle/tendon control, flexibility and wider range of motion throughout the body.

PACKAGES

Let Your Face & Body Glow

100 min / 1075 KN / 143 eur

► POPULAR

The package begins with Energy Clinic Fit Figure body treatment which stimulates circulation, tightens the skin and restores its radiance. For a complete experience it is followed by Anti-Fatigue Espresso facial which will clear away all signs of a tired skin.

New Line 120'

120 min / 1375 KN / 183 EUR

► NEW

The package begins with relaxing full body massage with warm oil, which will relieve you from the accumulated stress and prepare you for following anti age facial treatment, restoring the skin's radiance and firmness.

Energy Clinic Cocoon

90 min / 975 KN / 130 EUR

An aromatic body scrub and aroma therapy body wrapping treatment followed by face and feet massage. The use of aromatic oils facilitates the energy flow and restores the balance of your body.

Man Only

90 min / 975 KN / 130 EUR

The package includes cleansing and firming of male facial skin and a 50-minute sports massage. Ideal for men leading a fast and stressful life.

Meneghetti Supreme

90 min / 1440 KN / 192 EUR

► POPULAR

This exclusive package starts with an aromatic body scrub with sea salt and grape seeds, followed by wrap treatment whereby you can enjoy a head massage. At the end, a full body massage with Meneghetti olive and grape oils is performed.

RAVNOTEŽA

UMA

TJELA.

To je ono što nam nedostaje u vremenima kada nemilosrdan super ubrzan ritam života ugrožava i razbija na dijelove čak i naše slobodno vrijeme. Ne radi se samo o tempu; život danas zahtjeva neprestanu pozornost i fokusiranost, pa naša svijest skače s jednog složenog izazova na potpuno drugačiji u intervalima od svega nekoliko minuta, polagano, ali sigurno trošeći našu energiju do trenutka gubitka sklada uma i tijela. Obnova sklada i unutarnje ravnoteže kroz jedinstven, cjelovit i iznad svega prirodan pristup je upravo ono čime se bavimo u ENERGY CLINIC-u.

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Poklon bonovi su dostupni na recepciji Energy Clinica. Knjiga žalbe se nalazi na recepciji. PDV je uračunat u sve cijene.

ENERGY CLINIC PROIZVODI

Energy Clinic proizvodi kreirani su od najkvalitetnijih sastojaka organskog ili biljnog podrijetla i ekstrakta biljaka poznatih po iznimnim terapijskim učincima. Svi su proizvodi proizvedeni u Hrvatskoj, u suradnji s najpoznatijim stručnjacima iz područja farmaceutike. Misao vodilja pri kreiranju proizvoda bila je ponuditi klijentima proizvode s najkvalitetnijim prirodnim sastojcima koji pomažu održavanju prirodne elastičnosti kože i vraćaju je u energetsku ravnotežu.

Konzultirajte se sa osobljem Energy Clinic-a kako biste pronašli odgovarajući tretman za svoju dob i tip kože.

TRETMANI LICA

Anti-Fatigue Espresso

40 min / 430 KN / 57 EUR

Savršen tretman za umornu, s ivu i neujednačenu kožu s proširenim porama. Posebno osmišljeni proizvodi pomoći će u zatezanju i osvježavanju umorne kože, dajući joj novi sjaj.

Signature Hydrating

60 min / 760 KN / 101 EUR

► POPULARNO

Posebno osmišljen tretman lica, namijenjen svim tipovima kože i dubinskoj hidrataciji. EC stručnjaci osmislili su izvrsnu formulu protiv dehidracije, za vraćanje kože u prvobitno, zdravo stanje.

Anti-Age Strategy

75 min / 960 KN / 126 EUR

Anti-Age Strategija koristi EC hyaluron proizvode i masažnu tehniku koja usporava proces starenja, osvježava kožu i ublažava bore. U kombinaciji s Anti-age maskom, vaše će lice biti potpuno obnovljeno.

Hydra-Man

60 min / 760 KN / 101 EUR

Tretman lica posebno osmišljen za mušku kožu, izjednačava ten i njeguje, a ujedno se bori protiv starenja.

Oxygen Hidratacija

i energiziranje

75 min / 1410 KN / 188 EUR

► POPULARNO

Tretman za suhu, zrelu i kožu izloženu stresu u kojem se preparati nanose putem čistog kisika pod tlakom kako bi prodrli u duboke slojeve epiderme.

ADD ON

Oblikovanje obrva

15 min / 195 KN / 26 EUR

NJEGA TIJELA

Energy Clinic piling tijela

30 min / 355 KN / 47 EUR

Osvježavajući aromatični piling tijela koji kožu čini baršunastom i mekom, zahvaljujući uravnoteženoj kombinaciji ljekovite morske soli i aromatičnih ulja što hrane kožu. Ovo je idealan tretman za trenutno obnavljanje energije i svježine.

Otoc u struji

75 min / 960 KN / 128 EUR

► POPULARNO

Energy Clinic tim osmislio je ovaj ritual kako bi vam pomogao da se potpuno opustite i obnovite svoj um i tijelo. Tretman počinje energičnim pilingom, nakon čega slijedi 45-minutna opuštajuća masaža uljem lavande. Za kraj, izmjenom vrućih i hladnih obloga stimulira se cirkulacija i protok energije kroz meridijane cijelog tijela, oslobađajući vas nakupljenog stresa.

Energy Clinic Fit Figure

60 min / 930 KN / 124 EUR

► NOVO

Izvrstan novi detox&slim ritual počinje brzim četkanjem tijela kojim se potiče cirkulacija. Potom se nanosi serum zagrijavajućeg djelovanja koji prodire u dublje slojeve epiderme. Tretman završava vezivno-tkivnom masažom koja koži vraća sjaj.

MASAŽE

Zdrava kralježnica (masaža leđa i vrata)

25 min / 465 KN / 62 EUR

Kombinacija tehnika koristi se za olakšavanje i ublažavanje mišićne napetosti u leđima, vratu i ramenima.

Relaksirajuća masaža za stopala

25 min / 390 KN / 51 EUR

Prirodna, ljekovita masaža djeluje stimulirajuće na refleksološke točke vaših stopala, poboljšavajući cirkulaciju i potičući tijelo da obnovi svoju prirodnu ravnotežu. Idealna u liječenju tegoba povezanih sa stresom, poput glavobolja, nesanice, umora i sličnih tegoba.

Aromatična masaža lica i tjemena

25 min / 465 KN / 62 EUR

Ugodite si ovom izrazito umirujućom masažom koja stimulira limfnu drenažu, otvara pore i omogućava koži da diše, dok blago stimuliranje akupresurnih točaka ublažava napetost u glavi, vratu i ramenima.

Antistress terapija za leđa i noge

45 min / 630 KN / 84 EUR

► POPULARNO

Opuštajući tretman koji uključuje masažu nogu i leđa. Djeluje na poboljšanje cirkulacije te bolji protok limfe. Tretman završava izmjenom hladnih i toplih obloga.

Antistress masaža za trudnice

45 min / 735 KN / 98 EUR

Masaža idealna za posebne potrebe trudnica. Terapija masažom poboljšava funkciju mišića, cirkulaciju i tonus kože.

Cellulite Free Girl

45 min / 735 KN / 98 EUR

Intenzivni tretman za izlučivanje toksina koji ubrzava eliminirajuće procese i mobilizira nakupljene masne stanice u svim kritičnim zonama. Ponovo uspostavlja ravnotežu vode u tijelu i stimulira mikro cirkulaciju. Koži vraća tonus, glatkoću i zdravi sjaj.

Energy Clinic klasična masaža

50 min / 705 KN / 94 EUR

Kombinacijom pet osnovnih pokreta usmjerenih prema srcu, stimulira se tijelo, krvožilni i limfni sustav. Ova je masaža idealna za poboljšanje cirkulacije, eliminaciju toksina, za uklanjanje napetosti i duboko opuštanje.

Sportska masaža

50 min / 745 KN / 99 EUR

Oporavite se brzo nakon napornog vježbanja ili sportskih aktivnosti i pomognite svome tijelu da eliminira metabolite, toksine i mlječnu kiselinu. Ova intenzivna sportska masaža dovest će tijelo u prirodnu ravnotežu.

Relaksirajuća masaža toplim uljem

50 min / 745 KN / 99 EUR

Masaža u kojoj se koriste topla aromatična ulja koja tijekom cijelog tretmana zadržavaju finu, za kožu iznimno ugodnu temperaturu. Ulja koja se koriste istodobno smiruju i čiste, osiguravajući pritom duboko opuštanje.

Energy Clinic masaža pindama

50 min / 840 KN / 112 EUR

80 min / 1110 KN / 148 EUR

► NOVO

Relaksirajuća masaža koja se izvodi toplim, biljnim jastučićima (pindama) i biljnim uljima. Vrlo je opuštajuća i ugodna zbog mirisa, opušta i vraća energetsku ravnotežu. Ako se odlučite za 80-minutni tretman, dodatno ćete uživati u akupresurnoj masaži lica eteričnim uljima prema vlastitim potrebama.

Meneghetti Bio Masaža

70 min / 985 KN / 131 EUR

Relaksirajuća aromatična biomasaža stopala opušta cijelo tijelo i otklanja stres. Tretman se izvodi zagrijanim i 100% organskim Menghetti maslinovim uljem s dodatkom biolimuna, koji će dodatno ukloniti sve toksine iz tijela.

Energy Clinic masaža s potpisom

80 min / 1030 KN / 137 EUR

► POPULARNO

Najpopularniji oblik masaže koji je namijenjen opuštanju, s uravnotežujućim učinkom na tijelo. Tretman tonizirajuće djeluje na tijelo i ima blagotvoran učinak na ligamente i tetive, kao i na cirkulaciju, protok limfe i živčane puteve. Nakon masaže cijelog tijela, osjećat ćete se gipki i puni energije.

OSNOVNI TRETMANI

Ruke

Sportska manikura

50 min / 315 KN / 42 EUR

Brzo čišćenje, oblikovanje i popravak noktiju koje omogućuje zdravi rast. Na nokte se nanosi prirodni zaštitni sloj ili lak u jednoj boji.

Energy Clinic SPA tretman ruku

75 min / 570 KN / 76 EUR

► POPULARNO

Luksuzni tretman ruku uključuje osvježavajući piling za nježnu i meku kožu, završnu manikuru, hranjivu masku s aromatičnim uljima i opuštajuću masažu. Prema potrebi, na nokte se nanosi prirodni zaštitni sloj ili lak u jednoj boji.

Stopala

Sportska pedikura

60 min / 345 KN / 46 EUR

Uljepšavanje noktiju i stopala, upotpunjeno nanošenjem energizirajućeg i osvježavajućeg balzama za njegu stopala. Prema potrebi, na nokte se nanosi prirodni zaštitni sloj ili lak u jednoj boji.

Energy Clinic SPA tretman stopala

90 min / 720 KN / 96 EUR

► POPULARNO

Posebno osmišljena luksuzna pedikura s esencijalnim uljem, upotpunjena pilingom i maskom za stopala od ljekovitog bilja, masažom stopala, uljepšavanjem noktiju i, prema potrebi, lakiranjem noktiju.

DEPILACIJA

Depilacija različitih dijelova tijela prema vašim potrebama

202 KN / 27 EUR – 345 KN / 46 EUR

TJELOVJEŽBA

Pet Tibetanaca

25 min / 360 KN / 48 EUR

► POPULARNO

Individualne vježbe istezanja Pet Tibetanaca stimuliraju rad žljezda te povećavaju vitalnost i izdržljivost. Ovo nisu rigorozne vježbe već jednostavno položaj koji aktiviraju tjelesni živčani sustav na eteričnoj razini kako bi se vratio optimalno zdravlje.

Vježbe istezanja sa elementima Yoge

45 min / 435 KN / 58 EUR

Dodatna osoba 165 KN / 22 EUR

Istezanje je oblik tjelesne vježbe u kojem se određeni mišić ili tetiva namjerno savija ili isteže kako bi se poboljšala elastičnost mišića i postigao mišićni tonus. Ovaj tretman će vam pomoći povećati kontrolu mišića/tetiva, raspon pokreta i fleksibilnost cijelog tijela.

PAKETI

Let Your Face & Body Glow

100 min / 1075 KN / 143 EUR

► POPULARNO

Paket počinje Energy Clinic Fit Figure tretmanom tijela koji potiče cirkulaciju, zateže kožu i vraća joj sjaj. Za potpuni dojam slijedi Anti-Fatigue Espresso tretman lica koji će vam obrisati sve tragove umora.

New Line 120'

120 min / 1375 KN / 183 EUR

► NOVO

Paket počinje Anti-age tretmanom lica koji mu vraća sjaj i čvrstoću. Nakon tretmana slijedi opuštajuća masaža cijelog tijela vrućim uljem, uz koju ćete se zasigurno osloboediti nakupljenog stresa.

Energy Clinic Cocoon

90 min / 975 KN / 130 EUR

Aromatični piling tijela uz aroma terapijski tretman omatanja tijela nakon čega slijedi masaža lica i stopala. Upotreba aromatičnih ulja olakšava protok energije i obnavlja ravnotežu tijela.

Man Only

90 min / 975 KN / 130 EUR

Paket predstavlja čišćenje i zatezanje muške kože lica i 50-minutnu sportsku masažu. Idealan za muškarce koji vode užurban i stresan život.

Meneghetti Supreme

90 min / 1440 KN / 192 EUR

► POPULARNO

Ovaj ekskluzivni paket sastoji se od aromatičnog pilinga morskom soli i sjemenkama grožđa, nakon čega slijedi umatanje tijela. Tijekom tretmana umatanja izvodi se masaža tjemena glave. Tretman završava masažom cijelog tijela uljima dobivenim iz Meneghetti maslina i grožđa. Nakon ovog tretmana, tijelo će biti energizirano, a vaša koža regenerirana.



Situated in a beautiful old "stancija" that dates all the way back to the mid 19th century, Meneghetti Wine Hotel & Winery is a luxurious gourmet paradise with a working winery, surrounded by olive groves, grape wines, endless summer sky and all the many picturesque wonders of Istria.

Smješten u prekrasnoj staroj stanciji koja datira iz sredine 19. stoljeća, Meneghetti Wine Hotel & Winery je luksuzni gurmanski raj s vinarijom, okružen maslinicima, vinogradima, beskrajnim ljetnim nebom i svim brojnim slikovitim čudima Istre.



MENEGHETTI